



COMMUNITY SERVICES AGENCY

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**STANISLAUS COUNTY
IHSS ADVISORY COMMITTEE MEETING
MINUTES
01/09/09**

Committee Members Present: Joan Blackwell Connie Muller Rose Martin
Jose Cisneros Robbyn Foster Marie Cochran
Valerie Mitchell Linda White

Committee Members Absent:

IHSS & Link2Care Staff Present: Jeff Lambaren Ana Enes Maria Childers
Egon Stammeler Robert Taylor Christina Applegate
Anne DanHoff Gina Innes
Other Guests: Adult Services Commission on Aging
Advisory Committee

OPENING REMARKS by Vice Chair Robbyn Foster

- Meeting called to order at 10:00 am.

PUBLIC COMMENT

- No public comment.

ACCEPTANCE OF MINUTES

- December 12, 2008 minutes: Motion to accept minutes, motion to accept made by Joan Blackwell, Rose Martin seconded, motion passed.

WELCOME AND INTRODUCTIONS

- Jeff introduced himself to the group and welcomed the Commission on Aging (COA), Adult Services Advisory Committee (ASAC) and the IHSS Advisory Committee to the Leadership Planning Day.
- Mickey Peabody from COA thanked Jeff for the invitation and mentioned it was a great chance to network with the other committees.

AB 1234 TRAINING

- Jeff introduced County Counsels Jack Doering and Ed Burroughs. They are here to present the mandatory Ethics training required by all board and commission members, elected officials, and designated employees. Assembly Bill 1234 requires that committee members receive at least two hours of training in ethics every two years.



- Jack mentioned that AB1234 went into effect January 1, 2006, and requires specific topics to be included in the training. Some of the topics are ethical concepts and public service ethics. Also, Government should be conducted openly and citizens have a right to be informed of and participate in government decisions. Public officials' decisions must be based upon merit and without any conflict of interest.
- Jack reminded everyone that public officials shall not receive personal advantage, financial gain or special privileges for being a public servant. Officials should avoid even the appearance of a conflict or impropriety.

ALZHEIMER'S AND MEMORY LOSS

- Robert Hopper, Community Relations Director from Seasons at Modesto spoke to the group about Alzheimer's/Dementia. There are 43 different conditions of Dementia, but Alzheimer's is the most common.
- Robert discussed some of the symptoms and risks factors of Alzheimer's and the three main stages which were mild, moderate and severe.
- Robert mentioned if there is no cure, statistics say by the year 2025, 34 million people will have Alzheimer's, and by 2060, 60 million people will have Alzheimer's.
- The most beneficial thing is communication, don't get angry, be patient, don't take things personal and make the person with Alzheimer's feel important.
- Robert pointed out a book called "Learning to Speak Alzheimer's" is a great book. He feels public education is the best way to deal with the disease.

WORKING TOGETHER – IHSSAC, ASAC, COA

- Jeff had everyone get into groups to discuss the questionnaire that was passed out. Everyone divided into their group and discussed why they joined the IHSSAC/ASAC/COA. Members shared what each individual wanted to accomplish being a member. They also spoke about what changes they would like to see the coming year, and ways to make those changes happen.

Meeting adjourned @ 2:45 PM,
Ana Enes, Recorder